



GRADE 12

Athletic Coaching 12

SD36 Surrey

This course has been designed to help students learn the basic skills in order to become a successful coach. In addition, students will receive recognized community certifications that will assist them in obtaining volunteer or paid coaching/leadership positions in the community.

Credits: 4

Approval Date: Jan 2018

Hours: 120

Trax Code: YHRA

GOALS AND RATIONALE

Athletic Coaching 12 (AC12) is designed to develop educated coaches who have the knowledge, skills and understandings to be effective, adaptable and self-aware leaders in the community. The AC course focusses on competencies that will support both the learner in their volunteer/paid coaching roles and the youth participating in community sport groups. Certifications acquired in this course can contribute directly to employment in recreation centres or sport organizations.

BIG IDEAS

- Leadership Development is an ongoing process
- Certifications in leadership allow us to contribute to the community
- Sport safety practices and first aid can serve the greater sport community
- A coaching philosophy can help us be better leaders/coaches
- Coaching and leadership practices are influenced by the community, society, and the media

ADDITIONAL INFORMATION

Recommended Instructional Components: The teacher will design instructional strategies that:

- acknowledge the social nature of learning;
- embed formative assessment practices such as learning intentions, criteria, questions, descriptive feedback, self and peer-assessment;
- provide opportunities for students to share learning and reflect;
- utilize technologies and other tools in purposeful ways