



**GRADE 12**

## **Athletic Coaching 12**

**SD36 Surrey**

This course has been designed to help students learn the basic skills in order to become a successful coach. In addition, students will receive recognized community certifications that will assist them in obtaining volunteer or paid coaching/leadership positions in the community.

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**Credits:** 4

**Approval Date:** Jan 2018

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**Hours:** 120

**Trax Code:** YHRA

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### GOALS AND RATIONALE

Athletic Coaching 12 (AC12) is designed to develop educated coaches who have the knowledge, skills and understandings to be effective, adaptable and self-aware leaders in the community. The AC course focusses on competencies that will support both the learner in their volunteer/paid coaching roles and the youth participating in community sport groups. Certifications acquired in this course can contribute directly to employment in recreation centres or sport organizations.

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## BIG IDEAS

- Leadership Development is an ongoing process
- Certifications in leadership allow us to contribute to the community
- Sport safety practices and first aid can serve the greater sport community
- A coaching philosophy can help us be better leaders/coaches
- Coaching and leadership practices are influenced by the community, society, and the media

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## ADDITIONAL INFORMATION

Recommended Instructional Components: The teacher will design instructional strategies that:

- acknowledge the social nature of learning;
- embed formative assessment practices such as learning intentions, criteria, questions, descriptive feedback, self and peer-assessment;
- provide opportunities for students to share learning and reflect;
- utilize technologies and other tools in purposeful ways