



**GRADE 12**

## **Athletic Leadership 12**

### **SD43 Coquitlam**

To give students the opportunity to develop their individual & collective sense of social responsibility through the acquisition & application of leadership skills & theory in the field of athletics. Students will develop lifelong skills in the areas of self-image, goal setting, time management, public speaking, school & community service, public relations, conflict resolution & an understanding of various leadership & mentorship styles.

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**Credits:** 4

**Approval Date:** Oct 2018

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**Hours:** 120

**Trax Code:** Y

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### GOALS AND RATIONALE

Develop knowledge, skills & strategies to build respectful relationships, positive self-identity, self-determination & mental well-being. Demonstrate the knowledge, skills/strategies needed to make informed decisions to support personal & community health & safety. Enhance communication skills in one-on-one & group settings. Use technology effectively to promote creative thinking, communicate ideas, collaborate with peers & create presentations.

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## BIG IDEAS

Cultivating athletic leadership can support and enhance a positive sense of self and school culture. Personal, social, ethical, and cultural considerations impact athletic leadership-related decision making. Safe and effective use of digital media offers a powerful platform to demonstrate leadership capacity and enhance athletic participation in school. Communication skills are essential for building trust among a group and working towards a common goal.

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## ADDITIONAL INFORMATION

Aboriginal Worldviews and Perspectives: All components of the curriculum complement Aboriginal worldviews that recognize learning is holistic, reflexive, reflective, experiential, and relational (focused on connectedness, on reciprocal relationships, and a sense of place). Use and embrace common elements from the First Peoples Principles of Learning to deliver the course through a holistic approach.