



GRADE 12

Golf Skills 12B

SD62 Sooke

The Golf Skills course (12B) is a personalized learning pathway and curriculum that allow for the assessment of student learning while participating in Sooke School Districts 62 Golf Academy. While involved in organized, specific, community and high performance sport, and through training and competition, students will learn about the rules for both match and medal tournament play, learn how to Independent Schoolly plan practice sessions and keep on course statistics including keeping a handicap index

Credits: 4

Approval Date: Jun 2020

Hours: 120

Trax Code: YHRA

GOALS AND RATIONALE

Sooke School Districts 62 Sports Academies endorse Long-Term Athlete Development (LTAD) for the development of all Canadian athletes. LTAD combines the best research in today's sport science with the best practices in coaching and training from around the world. LTAD is a clear path to better sport, greater health, and higher achievement. Children, youth, and adults need to do the right things at the right time to develop in their sport or activity.

ADDITIONAL INFORMATION

on the Golf Canada website, understand and complete Golf Canada's preseason planning tool with regard to the mental, physical, technical and tactical aspects of golf, learn about personalized course management, complete post-tournament reflections and connect them to future practice planning. Students will be able to relate these aspects to their individual performance. Students will learn from a variety of experiences, hands-on practice, various types of media and literature, CPGA profession