



**GRADE 10**

# Grad Quest

## SD37 Delta

This course has been developed to provide disability specific instruction in effective self-regulation, social competencies, and strategic learning for students with low incidence disabilities including autism and chronic health designations. Instruction focuses on teaching skills and strategies that would enable students to be successful in the areas of social interaction and self-regulatory behaviours.

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**Credits:** 4

**Approval Date:** Jun 2018

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**Hours:** 120

**Trax Code:** YPA

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## GOALS AND RATIONALE

All students have the opportunity to succeed and contribute their full potential to the future. This program is designed to assist students with a physical or sensory disability or Autism Spectrum Disorder develop and acquire skills in the areas of social interaction, citizenship, and learning skills needed to be successful in post secondary situations where these skills are expected for group work, seminars and vocational training settings.

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## BIG IDEAS

\*Increased personal awareness and responsibility leads to self-respect and a sense of personal well-being \*Increased self regulation leads to greater success in reaching ones goals \*Good learning and work habits contribute to short and long term personal and career success \*Understanding our strengths, weaknesses, and personal preferences helps us plan and achieve our goals \*Employing effective learning strategies and skills provides greater access to academic success

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## ADDITIONAL INFORMATION

Instruction will focus on teaching skills and strategies to enable students to become more effective and Independent School learners. Emphasis will be placed on applying and transferring these skills and strategies to other aspects of their school lives and beyond.