



**GRADE 12**

## **HSCeP Sessions in Applied Psychology**

### **SD33 Chilliwack**

The HSCeP Sessions course is an offering of advanced exposure to a wide variety of Applied Psychology related topics and training that students will need as they move into their mentoring opportunities. High school students will spend these special Saturdays learning cutting edge psychosocial material and working with their university mentors on developing their skills as elementary school mentors. These skills are intended to be life changing to both the senior students and their elementary “bu

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**Credits:** 4

**Approval Date:** Mar 2020

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**Hours:** 80

**Trax Code:** YPSYC

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## GOALS AND RATIONALE

Students will be able to: use the special skills that they have practiced during the sessions under the tutelage of teachers, university professors, specialists from a wide array of disciplines including; Supreme Court Justice, MCFD, BBBS, UFV, First Nations, in their side by side volunteer work in the elementary schools on the North side (at this time). These skills are intended to be life changing to both the senior students and their elementary “buddies”.

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## BIG IDEAS

The science of psychology informs our understanding of behaviour and mental processes. Physiological structures, functions, and processes influence our perceptions and behaviour. Environmental, social, cultural, and biological factors interact to influence behaviour and mental processes. Thinking and intelligence affect many aspects of everyday life. A variety of strategies can help individuals and families prevent and/or cope with psychological disorders and life challenges.

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## ADDITIONAL INFORMATION

Aboriginal Worldviews and Perspectives: The course has First Nations awareness and perspective woven into its very fabric. Adverse Childhood Experiences, Attachment Theory, Contact Comfort, Generational Trauma, Aboriginal Culture and History; is incorporated into all three years of the program with the material being delivered by Stolo Health Manager and leaders from the community. Prejudice, stereotypes, and discrimination are studied in a general sense, and students will be encouraged to co