



**GRADE 10**

## **Introductory HSCeP Sessions in Applied Psychology**

### **SD33 Chilliwack**

The introductory sessions in the HSCeP Applied Psych course are laid out as an introduction to the three year enriched cohort based Applied Psych program at CSS. The course offers a wide variety of Psych related topics and training that the students will need as they move towards the child mentoring opportunities that are available in years 2 and 3. Students in the “year one cohort” will spend the special Saturday Sessions learning recognized psychosocial material, an introduction to peer course

---

**Credits:** 4

**Approval Date:** Mar 2020

---

**Hours:** 80

**Trax Code:** YPSYC

---

## GOALS AND RATIONALE

Students will be able to: use the special skills that they have practiced during the sessions under the tutelage of teachers, university professors, specialists from a wide array of disciplines including; Supreme Court Justice, MCFD, BBBS, UFV, First Nations, in their side by side volunteer work in the elementary schools (at this time). These skills are intended to be life changing for both the senior students and their elementary “buddies”.

---

## BIG IDEAS

The science of psychology informs our understanding of behaviour and mental processes. Physiological structures, functions, and processes influence our perceptions and behaviour. Environmental, social, cultural, and biological factors interact to influence behaviour and mental processes.

---

## ADDITIONAL INFORMATION

Aboriginal Worldviews and Perspectives: The course has a Progressive First Nations awareness and perspective content woven into its very fabric over the program’s three years. An introduction to Adverse Childhood Experiences (ACEs), Attachment Theory, Contact Comfort, Generational Trauma, Aboriginal Culture and History; is incorporated into all three years of the program with the material being delivered by Sto:lo Health Manager and leaders from the community. Prejudice, stereotypes, and disc