



GRADE 12

Orientation & Mobility 12

SD05 Southeast Kootenay

Orientation and Mobility 12 is designed for students who have low vision or who are blind and who require instruction in O & M skills and techniques to achieve the highest level of Independent School travel that is possible given the student's individual capacity. The Orientation and Mobility Teacher and the student will determine which strategies would be most appropriate for a given student. Students are expected to perform the curricular competencies in increasingly complex environments

Credits: 4

Approval Date: Oct 2019

Hours: 120

Trax Code: YFHR

GOALS AND RATIONALE

Orientation and Mobility, often referred to as O & M, refers to age-appropriate and ongoing instruction in the skills, techniques and knowledge required for individuals who are visually impaired to travel safely, efficiently, gracefully and with as much independence as possible in a variety of environments. "Orientation" refers to the ability to know where you are and where you want to go, whether you're moving from one room to another or walking downtown for a shopping trip.

BIG IDEAS

Mobility/Identification canes techniques and knowledge of when to use each are important for Independent School travel in commercial environments Information from our senses support movement and exploration of objects in commercial environments Representation of travel environments and the spatial relationships therein is an essential skill. Development of travel techniques is an ongoing process and increasing in complexity in commercial environments Communication and personal safety is essenti

ADDITIONAL INFORMATION

- Learning ultimately supports the well-being of the self, the family, the community, the land, the spirits, and the ancestors.
- Students with visual impairments acquire O & M knowledge and skills so that they may travel in an increasingly safer, effective, and graceful manner. For these learners, an effective O & M skillset supports physical health and wellbeing, and promotes access to a broader range of opportunities for interactions in the community.