



**GRADE 11**

# Psychology 11

**SD36 Surrey**

Psychology 11 presents an introduction to the history of Psychology, commonly defined as the science of human behaviour and experience, its key concepts, procedures, findings and theories. The goal is to introduce students to the how and why of human thought and behaviour with an emphasis on regularly connecting what they have learned to their daily lives. With a student-centered approach, Psychology 11 allows students the chance to discuss, collaborate and present.

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**Credits:** 4

**Approval Date:** Jun 2018

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**Hours:** 120

**Trax Code:** YPSYC

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## ADDITIONAL INFORMATION

Critical thinking is at the core of this class. Since the focus of this course is to introduce students to the whys and hows of human behaviour, it is only natural that they should look at their own thoughts and behaviours in order to understand the concepts. An understanding of early experiences and their impact on human development or trajectories leads to an enhanced understanding of self and others, allowing for a more thoughtful, responsive approach to challenges.